1:20 pm Sat 4 May, 24		Cross Country - Varsity			Page 1	
August 2017						
sun	mon	tue	wed	thu	fri	sat
		1		2 3	4	5
6	7	8		9 10	11	12
13	14	15		16 17	18	19
20	m VXC Practice (fitness center)	m VXC Practice	m VXC Practice	m VXC Practice	m VXC Practice @ PoRidge	m VXC Practice @ PoRidge
27	m VXC Practice	m VXC Practice	m VXC Practice @	m VXC Practice 31		
September 2017				,	_	
sun	mon	tue	wed	thu	fri	sat
					m VXC Practice	m VXC Practice @
					III VAC FIACTICE	PoRidge
3	VXC Practice NO PRACTICE	m VXC Practice 5	m VXC Practice	m VXC Practice 7	m VXC Practice 8	m VXC Wave Mania 9
10	m VXC Practice	m VXC Mega Dual @ Bowdoin Park		m VXC Practice	m Varsity Option Mtg m VXC Practice	m VXC Wilton Invitational
17	m VXC Practice	m Varsity Option Make Up Mtg m VXC Practice	m VXC Practice	21	22	m VXC Crusader Classic Invitational
		m VXC Practice (Town Park)				
24	m VXC Practice	m VXC Practice	m VXC Practice	m VXC Practice (PoRidge)	29	VXC Practice NO PRACTICE
October 2017						
sun	mon	tue	wed	thu	fri	sat
1	m VXC Practice 2	m VXC Practice 3	m VXC Practice	m VXC Practice 5	m VXC Practice 6	m VXC Brewster Bear Invitational
8	VXC Practice NO PRACTICE	m VXC Practice (PoRidge)	m VXC Practice	m VXC Practice	m VXC Practice	m VXC Bobcat Run m VXC Manhattan Invitational
15	m VXC Practice	m VXC League Meet @ Bowdoin Park		m VXC Practice @ Pound Ridge	m VXC Practice	m VXC Section 1 Coaches Invitational
22	m VXC Practice		m VXC Practice	m VXC Practice	m VXC Practice	m VXC Westchester Cty Championships
29	30	31				oty onampionismps
			J			
November 2017	man	****	wod	th	fri	oot
sun	mon	tue	wed	thu 2		sat 4
						m VXC Section 1 Championships
5	6	7		8 9	10	m VXC NYSPHSAA Championships
12	13	14		15 16	17	m VXC NYS Federation
19	20	21	4	22 23	24	Championship 25
						m VXC Nike Regional Qualifier
26	27	28	1	29 30		